

Remote Route Setting Coaching Session

- Audit about personal situation and expectations; via WhatsApp/Zoom conference.
- A route setting coaching document sent to kill the routines of the setting.
- Feed back at the end of session; via WhatsApp/Zoom conference.

80€ - Per Session

250€ - 5 Session

400€ - 10 Session

Remote Head Route Setting Coaching Session

- Audit about personal situation and expectations. Via WhatsApp/Zoom conference.
- Head route setting coaching document sent to animate with your team differently.
- Feed back at the end of session; via WhatsApp/Zoom conference.

80€ - Per Session

250€ - 5 Session

400€ - 10 Session

Remote Gym Owner Consulting

150€ - Includes:

- Audit about local situation; via WhatsApp/Zoom conference.
- Proposition of evolution sent.
- Feed back of the proposal.

60€ - per additional session:

- Feedback
- Adjustment and new proposal

On-Site Route Setting Session

Travel expenses and accommodation must be covered.

- Audit about personal situation and expectations.
- Route setting in your GYM.
- Feedback

350€ - Per Day

850€ - 3 Days

1300€ - 5 Session

On-Site Route Setting Workshop

Travel expenses and accommodation must be covered.

- Audit about local situation.
- Timetable and proposition of organisation, theoretical and practical.
- Number of days and setters.
- Coaching of Workshop
- Feedback

Minimum number of days = 2 Maximum number of days = 5

Maximum number of setters = 8

450€ - Per Day